



## Diabetes Update

FOR ABORIGINAL & TORRES STRAIT ISLANDER HEALTH WORKERS  
AND PRACTITIONERS USING FELTMAN

Looking to learn more about how diabetes works and how to support your clients with their diabetes management?

This 2 hour interactive face to face education session will be delivered by the Diabetes Queensland's First Nations Health Unit.

This session will support your understanding of the basics of diabetes with the use of Feltman®.

Topics include: what is diabetes, type 1, type 2 and gestational diabetes, symptoms, risk factors, diabetes management including healthy eating, physical activity, medications, monitoring, complications and screening and social and emotional well-being.

For more information, email [events@diabetesqld.org.au](mailto:events@diabetesqld.org.au)

**Date:** Wednesday 17 February 2021

**Time:** 1:30pm until 3:30pm

**Cost:** FREE  
(fully subsidised by the NDSS)

**Location:** Manoora Community Centre  
29 Marchant St, MANOORA

Scan here to register now:



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**Bookings are essential. Register at [diabetesqld.org.au/events](https://diabetesqld.org.au/events)  
or call the NDSS Helpline on 1800 637 700**



Diabetes Queensland acknowledges Aboriginal and Torres Strait Islander Peoples of Australia and we pay our respects to their Elders both past, present and future.