

MBS quick guide to eating disorder items

Current as at August 2021

The eating disorder items support a 'stepped model' for the intervention, assessment, and management of patients with diagnosed eating disorders.

Patient eligibility

MBS item numbers are for patients who have:

- » clinical diagnosis of anorexia nervosa, OR
- » patients who meet the eligibility criteria and have a clinical diagnosis of any of the following conditions:
 - bulimia nervosa
 - binge-eating disorder
 - other specified feeding or eating disorder.

For more information on MBS Item numbers for Eating Disorders, visit:

www.mbsonline.gov.au/internet/mbsonline/publishing.nsf/Content/Factsheet-EatingDisorders



Northern Queensland Primary Health Network acknowledges the Traditional Custodians of the lands and seas on which we live and work, and pay our respects to Elders past and present.

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Patient is assessed and meets the eating disorder criteria for treatment pathway



Prepare Eating Disorder Plan (EDP)
GP, paediatric consultant, psychiatrist consultant
Items 90250-90257 and 90260-90263



Commence initial course of treatment
Psychological and dietetic services:
» 20x dietetic services (items 82350 and 82351)
» 10x psychological treatment services (items 82352-82383, 90271-90282)
[Click here to refer to explanatory notes](#)

The relevant dietitian is required to provide the referring medical practitioner with a written report on assessment carried out. The report is required after the first service, as clinically required following subsequent services and after the final service.



Eating Disorder GP Review (EDR)
To assess patient's progress and eligibility to access the next course of treatment (10 EDPT services)
Items 90264-90269



Formal specialist and GP review
To continue beyond 20 EDPT services a patient must have two additional reviews:
» GP (second review) items 90264-90265 AND
» paediatrician (items 90267 or 90269) OR consultant psychiatrist (90266 or 90268)

Should both providers recommend the patient requires more intensive treatment, the patient would be able to access an additional 10 EDPT services in the 12 month period.



Access to maximum intensity of treatment
To access more than 30 EDPT treatment services in the 12 month period patients are required to have an additional review (fourth review).
A patient could access the maximum of 40 EDPT treatment services in a 12 month period.
Items (90264-90269)