



## Suicide Intervention Training

***Pick up the early warning signs, know what to say, what to do and where to go for help.***

The training will provide participants with the essential skills to identify and respond to a person at risk of suicide, and:

- To recognise the early warning signs of suicide
- To learn how to support a person at risk to access ready available services
- To promote help-seeking behaviour before a crisis occurs
- Each participant will learn to identify their own self-care strategies.

*Please note this is not a crisis service.*

**Where: PCYC Bowen club  
Hay St & Queens Rd, Bowen Queensland 4805**

**Cost: Free (Please bring your own lunch)**

**When: Friday 6 May 2022**

**Time: 9:00 AM – 4:00 PM**

**Enquiries: [adminqld@kentishrc.com.au](mailto:adminqld@kentishrc.com.au)**

**Phone: 0448 894 525**

**RSVP: <https://bit.ly/3JPaHiY>**

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