



## Suicide Intervention Training

***Pick up the early warning signs, know what to say, what to do and where to go for help.***

The training will provide participants with the essential skills to identify and respond to a person at risk of suicide, and:

- To recognise the early warning signs of suicide
- To learn how to support a person at risk to access ready available services
- To promote help-seeking behaviour before a crisis occurs
- Each participant will learn to identify their own self-care strategies.

*Please note this is not a crisis service.*

**Where:**            **Head to Health**  
                              **32 Walker Street, QLD 4810**

**Cost:**             **Free**

**When:**            **Saturday 18th June 2022**

**Time:**            **9:00am - 4:00pm**

**Enquiries:**      **adminqld@kentishrc.com.au**

**Phone:**          **0448 894 525**

**RSVP now:**     **<https://bit.ly/3KhN1DQ>**

**“By the Community For The Community”**

