

A Clinical Approach to Eating Disorders



Presented by:
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Current Roles: Director of FlexiMinds,
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Member of RANZCP, ANZAED Credentialed
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LIMITED SPACES - BOOK NOW

📅 25/10/22 @ 6:30pm

📍 Alliance Rehabilitation
139 Boundary Street,
Railway Estate

💎 Free Event

🍹 Light Refreshments

📅 Bookings are essential,
please RSVP to:
events@alliancerehab.com.au



1. Zipfel S et al, Lancet 2022

2. Eating Disorders Victoria

Join us for an Eating Disorder Information Night - 25th October

Eating disorders are debilitating mental health conditions, associated with high morbidity and mortality rates. With effective evidence based treatment and a collaborative team care approach recovery is possible.

During COVID-19 pandemic, eating disorder prevalence increased by 15.3% globally¹. Australian Eating Disorder Services have experienced a 300% increase in demand for their services².

The increase in prevalence as well as the new eating disorder clinician credentialing through NEDC and Medicare Eating Disorder Management Plans, creates the perfect opportunity for GPs and clinicians to collaborate for an improved model of care.

This event will provide the opportunity for the Townsville healthcare community to upskill in evidence based eating disorder treatment and network with those working in this space.

90min session overview:

- The psychological and psychopathology of eating disorders
- The role of community-based treatment and prevention strategies
- Overcoming common barriers to effective community-based treatment
- Key roles in the treatment and support of people recovering from an eating disorder
- How clinicians can assist in preventing eating disorders in their everyday interactions with participants
- How can GP's, psychologists, and dietitians can work collaboratively to prevent and treat disordered eating and eating disorders



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