

# Health Community Connectors Workshop invitation



## Take part in building Compassionate Communities in Cooktown

Would you like to be part of the social movement in building Compassionate Communities? If yes, then we invite you to attend our upcoming Health Community Connectors Workshop and learn from experts with lived experience in the field.

Compassionate Communities are a core part of public health approaches to palliative care, end of life care, and bereavement. It is a whole of community approach to improving the end-of-life experience for people by mobilising local networks, groups, and services to be more conscious, aware, and equipped to offer support.




It is impossible to have hospices built in every suburb, and so building Compassionate Communities works to mobilise the community to do their bit for the frail and elderly who live alone, for people with life limiting illnesses, and for people who are grieving.

We want these vulnerable groups to know they are not alone. They are part of our communities and we have the responsibility to support them.

If contributing to the community and planning well in the face of ageing, declining health, and end of life is important to you, then join us for our Health Community Connector Workshop, where you will have the opportunity to:

- » improve knowledge, skills, confidence, and attitudes concerning end of life care at home or in the community
- » improve awareness of quality palliative care options including advance care planning at home or in the community
- » improve death literacy and be more conscious, aware, and equipped to offer support to vulnerable families.

### Workshop details

-  Thursday 2 March 2023
-  9am - 12.30pm
-  TBC

### Register

Visit the link below, or scan the QR code, to register your attendance. Please note, there are limited places available.

<https://forms.office.com/r/q7khFJ0vhM>

Registrations close 4pm Friday 28 February 2023.



### Contact

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