

Community BBQ

Celebrating Advance Care Planning Week



National Advance Care Planning Week
20–26 March 2023

**The time is now
to plan for your
future health care.**

acpweek.org.au

[#acpweek23](https://twitter.com/acpweek23)



Now is the time to learn about advance care planning in Cairns

As part of National Advance Care Planning Week (20-26 March 2023) Northern Queensland Primary Health Network (NQPHN) is hosting an informal BBQ event, open to all, to start a conversation about advance care planning and how it can help prepare you and your loved ones.

It may seem challenging to find the right time to talk about advanced care planning. Yet having the conversations and documenting values and preferences about future medical care can ensure those preferences are respected.

Whether you need to talk about yourself, a family member, a patient or a client, National Advance Care Planning Week is a great time to start the conversation.

Advance care planning gives you and your loved ones a voice in your health care before the time comes when you can't speak for yourself.

Start the conversation today.

To learn more about advanced care planning, visit www.acpweek.org.au

Event details

-  Saturday 25 March 2023
-  10am - 1pm
-  Cairns Esplanade Lagoon, Kookaburra BBQ area
-  RSVP 4pm, Friday 24 March 2023



Register

Visit the link below, or scan the QR code, to register your attendance.

<https://forms.office.com/r/eAuu4v0FiQ>

Contact

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