

MANAGING VICARIOUS TRAUMA

This training is for anybody who may be affected by the distress of those that they are assisting.

The webinar will provide the participants with simple, practical strategies for preparing to work in difficult environments and coping as well as possible when in a difficult work environment.

Participants will be assisted during the webinar to develop a personal plan to help prevent and manage vicarious trauma.

David Cherry is a Clinical and Forensic Psychologist who has been working for over 40 years. David has provided training for staff in health, education, aged care, disability, and those working with the homeless on preparing to work in difficult environments and managing vicarious trauma. He has also provided training for emergency services staff on supporting others after difficult incidents. David was a volunteer with the Victorian SES for 4 years during which time he was involved in road crash rescue, searches, assisting people after storms, and other duties.

COURSE DETAILS

3 hour webinar via Zoom

WEDNESDAY 29TH MAY 2024

9.30 am to 12.30 pm (AEST)

PRESENTER: David Cherry, Clinical and Forensic Psychologist

[Click here to Register >](#)

WHAT THE COURSE COVERS

- Preparing to work in a difficult environment
- Vicarious trauma and its impact
- Looking after yourself and others after difficult events
- The importance of developing helpful habits, skills, and routines
- Guidelines for developing a personal plan to help prevent and manage vicarious trauma

FEE: \$198 (inc GST)

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