

FNQ Heart Failure workshop

For healthcare professionals

Join the Cairns and Hinterland Heart Failure Service and Northern Queensland Primary Health Network for a free, full day workshop of learning and discussion.

Topics

- Latest treatment updates in the management of heart failure.
- Titration of heart failure medications.
- Multidisciplinary health care services available for heart failure.
- Cardiac implantable electronic devices in heart failure.

Presenters

- Electrophysiologist and Heart Failure Lead Dr Kevin Ng MBChB, MRCP (UK), FRACP, FHRS.
- Cardiologist Dr Steven Sutcliffe MBChB, FRCP, FRACP.
- Heart Failure Nurse Practitioner Leah Felstead.
- Heart Failure Clinical Nurse Kim Osmond.
- Palliative Medicine Physician Dr Sophia Lam FRACP, FChPM.
- Cairns Hospital Multidisciplinary Heart Failure Team.

Learning outcomes

- Identify recent evidence-based changes to international consensus guidelines.
- Determine the appropriate management of heart failure symptoms and disease modification.
- Integrate lifestyle and psychosocial factors in a multidisciplinary approach.
- Identify cardiac conditioning and its importance in quality-of-life improvement.

Date

Saturday 10 August 2024

Time

Registration: 8.15am

Program: 8.30am – 4pm

Where

Shangri-La The Marina
Pier Point Road, Cairns City

Register online

forms.office.com/r/wt1L03pMgh



Educational
Activities
6
hours



For more information, contact:

Kayla Vella

p: 0488 223 301

e: kayla.vella@nqphn.com.au



www.nqphn.com.au/events

Agenda

Far North Queensland Heart Failure Workshop Cairns Hospital Heart Failure Service

» Saturday 10 August 2024 - Shangri-La The Marina, Pier Point Road, Cairns

Time	Session	Presenter/facilitator
8.15am	Arrival and registrations	
8.30am	Greeting and Welcome to Country	
8.50am	Heart Failure in 2024	Dr Kevin Ng (Cardiologist)
9.20am	Heart failure with preserved systolic function in 2024	Dr Steven Sutcliffe (Cardiologist)
9.50am	Pharmacotherapy for Heart Failure	Karl McDermott (HF Pharmacist)
10.10am	Heart Failure Medication Titration	Leah Felstead (HF Nurse Practitioner)
10.30am	Morning tea	
10.50am	Cardiac Conditioning and Exercise	Rachel Bowe (HF Physiotherapist)
11.10am	Nutrition and Heart Failure	Shontal Parker (Dietician)
11.30am	Heart Failure fluid and lifestyle strategies	Kim Osmond (HF Clinical Nurse)
11.50am	Cardiac Implantable Devices in Heart Failure	Carianne Smith (Cardiac Device Clinical Nurse)
12.10pm	End of Life Issues in Heart Failure	Dr Sophia Lam (Palliative Medicine Physician)
12.30pm	Lunch	
1.15pm - 2pm	Breakout session one: <ul style="list-style-type: none">» Heart Failure Case Studies» Medication Up-titration: tips and tricks» Non-pharmacological management of Heart Failure	Dr Kevin Ng and Dr Steven Sutcliffe Karl McDermott and Leah Felstead Kim Osmond, Rachel Bowe, and Shontal Parker
2pm - 2.45pm	Breakout session two: <ul style="list-style-type: none">» Heart Failure Case Studies» Medication Up-titration: tips and tricks» Non-pharmacological management of Heart Failure	Dr Kevin Ng Karl McDermott and Leah Felstead Kim Osmond, Rachel Bowe, and Shontal Parker



2.45pm	Afternoon tea
3pm - 3.45pm	Breakout session three: <ul style="list-style-type: none">» Heart Failure Case Studies» Medication Up-titration: tips and tricks» Non-pharmacological management of Heart Failure
	Dr Kevin Ng and Dr Steven Sutcliffe Karl McDermott and Leah Felstead Kim Osmond, Rachel Bowe, and Shontal Parker
3.45pm	Evaluation and closing remarks
4pm	End of Workshop